

# HAZELWOOD DANCE STUDIOS ADULT TIMETABLE

Studio 1		Studio 2		Studio 3	
<b>MONDAY</b>					
9.30 – 10.30am	Happy Pilates				
		7.00 – 8.00pm	Happy Pilates		
8.00-8.45pm	Adult Tap				
<b>TUESDAY</b>					
9.30 – 10.30am	Happy Pilates	4.15 – 5.00pm			
5.00 – 6.25pm		5.00 – 6.25pm			
6.30 – 7.45pm		6.30 – 7.40pm			
		7.45 – 8.45pm			
<b>Wednesday</b>					
10.30 – 11.20am	50+ Ballet (Barre Define)				
		7.45 – 8.45pm	Adult Ballet		
<b>Thursday</b>					
9.15-10.15am	Happy Pilates				
		8.00 – 8.45pm	Adult Commercial		
<b>Friday</b>					
		9.15 – 10.15am	Pilates for Wellbeing (Sharon Ferguson-Cuffe)		

10.30 –  
11.20am

PowerBARRE (Barre  
Define)